

CHEERVILLE

STUNT

FALL 2026 PACKET



THE FASTEST GROWING
Club STUNT Program in the South

STUNT PROGRAM

Club Training Teams

Are you ready to take your experience to the a new level? Join the Club STUNT program this season at CheerVille! STUNT provides an affordable opportunity for athletes to use their athletic background in cheer, dance, or gymnastics in a new competitive format.

Our STUNT program has grown immensely in the past 3 years at CheerVille. We welcome athletes ages **11-18** interested in improving their stunting and tumbling abilities at a higher level for their school or All Star team. Currently, our STUNT program is offered at the following Tennessee locations: Hendersonville, MT. Juliet, Nolensville

Athletes interested in the STUNT Program for the 2026 Fall Session can now register on the Parent Portal under the Camps page at www.CheerVille.com.



The fastest growing Club STUNT program in the South.

STUNT is one of the fastest growing female sports in the country! As a new form of competitive cheerleading, STUNT is performed in a head-to-head 4-quarter format. Each quarter focuses on different elements of competitive cheerleading. CheerVille continues to grow the largest STUNT program in the South – providing athletes with all backgrounds of cheer, dance and gymnastics to participate on a competitive team.

QUARTER 1
PARTNER STUNTS



STUNT at CheerVille

Check out this play-by-play video of our CheerVille STUNT teams in action of each quarter.

1st Quarter: Partner Stunts

2nd Quarter: Pyramid & Tosses

3rd Quarter: Jumps & Tumbling

4th Quarter: Team Routine



Membership Fees

CLUB STUNT TEAM		Membership	Optional Fees	Age Eligibility
MONTHLY FEE	\$125	• Monthly tuition • Practice 1x per week • Choreography & Music • Performance Jersey • Program Shirt • 3 Events	• Nfinity Cheer Shoes : \$145 • CheerVille Warm Up • CheerVille Backpack • Flips! Tumbling Class (<i>\$60/mo. - Register on Portal</i>)	• Athletes ages 11-18
ANNUAL FEE <i>*Charged once per year</i>	\$40			

CLUB STUNT TEAM: Our Club STUNT team has grown immensely in the past 3 years! This team is perfect for middle and high school athletes ages 11-18 to learn the love of STUNT. If your athlete is interested in stunting on a higher level that includes extended stunts, baskets, twisting skills, and dismounts – the STUNT program will help to improve their stunting abilities for their school team, dance team, or All Star team.

Invoice & Payments

CheerVille requires a card to be on file for auto draft. We will run your payment on the 1st of every month. The only way to opt-out of keeping a valid card on file is to pay your season in full. There is no exception to this rule. You may make your payment prior to the first if you do not wish for your fees to be drafted using the card on file. You will be emailed a statement on the 25th of each month as a reminder of the fees that will come out on the 1st.

If your payment is declined, you will receive an email and/or a phone call. **If your account remains past due by the 5th of the month, you will receive a \$20 late fee and your athlete will be asked to sit out of practices and classes until the balance is paid.** *If you know in advance that a payment may need to be paid a few days late, email Michelle Rogers (mrogers@cheerville.com) so she can note your account. Late fees may apply.*

Team Registration

STUNT Team registration will open in mid-June for each CheerVille location hosting a team this season. More details for open registration will be emailed out, so make sure your iClass account has “**subscribe to email blasts**” turned on. Athletes are encouraged to sign up for STUNT clinics on the Parent Portal at www.CheerVille.com.

Team Practice

Practice will start the week of August 2nd on your respective practice day. Club STUNT will be offered at Mt. Juliet, Nolensville, and Hendersonville – but Travel STUNT will only be offered at the Mt. Juliet location.

Hendersonville, TN

HV 18U Club

Wednesday 7:00-9:00pm

Mt. Juliet, TN

MJ 18U Club

Monday 7:00-9:00pm

Nolensville, TN

NV 18U Club

Thursdays 7:00-9:00pm



LEARN THE LOVE OF STUNT

Attendance Policy

Attendance is very important to each team's success and we need consistent practices with the entire team to adequately perform our best at games. All practices are mandatory, unless excused with a doctor's note. In order to be excused from a practice, you must notify your team parent and request permission from your coach in writing via email. **Athletes may not miss any team practices 2 weeks prior to a game.**

STUNT Skills Camp

This year, we will be hosting a mass STUNT Skills Camp on August 22nd. All CheerVille STUNT teams from CheerVille will train together and learn stunts, tumbling, baskets, pyramids and more. This camp will be costed at \$40 per athlete and payment will be due on August 1st billing. More information will be released in the coming weeks for all details regarding this camp!

Fall Schedule (August-November)

Travel Schedule

- **Tournament 1:** September 26th (Local Event)
- **Tournament 2:** October 24-26** (Sacramento, CA)
- **Tournament 3:** November 7th (Farmington, MO)
- **Tournament 4:** November 22nd (Virtual Event)

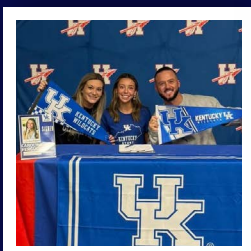
Subject to change based on team interest and availability.

Club Schedule

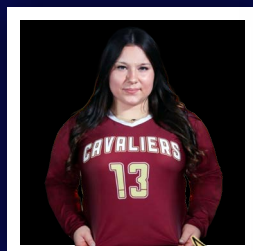
- **Game 1:** September 19th (Kick Off)
- **Game 2:** September 26th (hosted at Nolensville gym)
- **Game 3:** October 24th (Halloween Bash)
- **Game 4:** November 15th (Showcase)

Subject to change

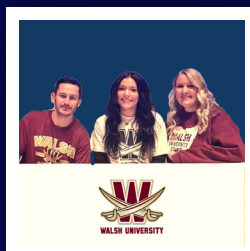
Developing the future of STUNT **AT CHEERVILLE**



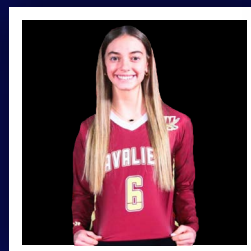
Caroline Ferguson
UNIVERSITY OF KENTUCKY
STUNT



Kady Haller
WALSH UNIVERSITY
STUNT



Emme Lynner
WALSH UNIVERSITY
STUNT



Briana Fulks
WALSH UNIVERSITY
STUNT



Sidnee Smith
TREVECCA UNIVERSITY
STUNT



Building Villains into Collegiate Athletes

CheerVille takes pride in developing young athletes starting in sideline cheer, dance, and gymnastics to one day becoming collegiate athletes. Our greatest success is continuing to build the future of cheerleading through the path of our STUNT and All Star program at CheerVille. Each scholastic year, many of our athletes receive scholarships to continue on to Cheer and STUNT teams at the collegiate level.

Schools with Varsity STUNT team Scholarships

- Alma College (MI)
- Aquinas College (MI)
- Arizona Christian University (AZ)
- Ashland University (OH)
- Austin College (TX)
- Baldwin Wallace University (OH)
- Buena Vista University (IA)
- California Baptist University (CA)
- Christian Brother (TN)
- Concordia Univ. - Ann Arbor (MI)
- Concordia Univ. - Chicago (IL)
- Concordia Univ. - Irvine (CA)
- Dallas Baptist University (TX)
- Davenport University (MI)
- Dominican University (IL)
- Drury University (MO)
- Fontbonne University (MO)
- George Fox University (OR)
- Hiram College (OH)
- Heidelberg University (OH)
- Hope International University (CA)
- Lewis University (IL)
- Mercyhurst University (PA)
- Missouri Baptist University (MO)
- Missouri State (MO)
- Muskingum University (OH)
- Oklahoma Baptist University (OK)
- Oklahoma City University (OK)
- Olivet College (MI)
- Ottawa University (KS)
- Ottawa University - Arizona (AZ)
- Quincy University (IL)
- Saint Elizabeth University (NJ)
- Saint Mary's (IN)
- Saint Mary's University (TX)
- Saint Norbert College (WI)
- Texas Woman's University (TX)
- Tiffin University (OH)
- Trevecca Nazarene University (TN)
- University of Kentucky (KY)
- University of Texas at Tyler (TX)
- Ursuline College (OH)
- Vanguard University (CA)
- Walsh University (OH)

Skills Grid for the 2026-27 Season

Club Team Skills

Partner Stunts

Level 1

- Quick Toss to Load
- Load to Prep
- Load to Prone Roll
- 1/4 Up to Shoulder Sit
- P&G to Shoulder
- Level Hitch

Level 2

- FWO to SS
- SS to 1/4 Turn Prep
- Peg Leg on Thigh
- Hitch to Press
- Extension
- Cradle Reload
- Thigh Stand

Level 3

- Quick Toss P&G Extension
- Pop Off Dismount
- Basket Grip 1/2 Up to Prep
- F. Suspended Roll from Load
- Roundoff to Load to Extension

Level 4

- FWO to Prep
- Shoulder Level 360 to Load to Extension
- Prep Release 1/2 around to prep
- Back Walkover out Dismount
- P&G Extension

Level 5

- Quick Toss P&G to Lib
- Bump Down to Prep
- Cradle Dismount
- 1/2 Up to Extension
- Cradle Dismount
- BWO
- FWO to Prep

Level 6

- Quick Toss to P&G Extension
- Full Down Dismount
- Shoulder Level Inversion to Prep
- 360 to Prep
- Liberty

Jumps & Tumbling

Level 1

- Right Front Hurdler
- Cartwheel
- Backward Roll
- Toe Touch
- Power Hurdle Front Walkover
- Handstand
- Forward Roll

Level 2

- Toe Touch
- Forward Roll
- Cartwheel
- Standing Back Handspring

Level 3

- Right Front Hurdler
- Standing Back Handspring
- Power Hurdle Front Walkover
- Toe Touch
- Power Hurdle Roundoff BHS
- Back Extension Roll

Level 4

- Pike
- Forward Roll
- Power Hurdle Roundoff Tuck
- Power Hurdle Roundoff 2 BHS
- Standing BHS
- Toe Touch

Level 5

- Power Hurdle Roundoff BHS
- Power Hurdle Roundoff Tuck
- Pike
- Standing BHS
- Power Hurdle FWO
- Toe Touch

Level 6

- Power Hurdle Roundoff Tuck
- Power Hurdle Roundoff BHS Tuck
- Standing Tuck
- Pike
- Standing BHS
- Toe Touch

Travel Team Skills

Partner Stunts

Level 1

- FWO to SS
- SS to 1/4 Turn Prep
- Peg Leg on Thigh
- Hitch to Press Extension
- Cradle Reload
- Thigh Stand

Level 2

- Quick Toss to Load
- Faux Single Base Prep
- Load to Prone Roll
- 1/2 Up to Prep
- Hitch to Press Extension
- Cradle Reload to Prep

Level 3

- Quick Toss P&G to lib
- Bump Down to prep
- Cradle Dismount
- 1/2 Up to Extension
- Cradle Dismount
- BWO
- FWO to Prep

Level 4

- Walk-in Faux Single Base Extension
- P&G to Heel Stretch
- Baja
- 360 to Load to Target
- Corkscrew Dismount
- Torch

Level 5

- 360 to Target
- Faux Single Base to ext.
- Pop Off Dismount
- Roundoff Release to Target
- 1/4 Turn Switch Up Arabesque
- 1-1/4 Full Down dismount
- Cradle Reload to ext.

Level 6

- Walk-in Single Base ext.
- Corkscrew dismount
- P&G Low-to-High 360 to Target
- High-to-High lib to heel stretch
- Log Roll Cradle Reload to Target

Jumps & Tumbling

Level 1

- Power Hurdle FWO Cartwheel
- Handstand Forward Roll
- Toe Touch
- Cartwheel
- Forward Roll
- Right Front Hurdler
- Toe Touch

Level 2

- Back Extension Roll
- Power Hurdle Roundoff 2 BHS
- Forward Roll
- Toe Touch
- Standing BHS
- Power Hurdle FWO Roundoff BHS
- Seat Roll
- Right Front Hurdler

Level 3

- Power Hurdle Roundoff BHS
- Power Hurdle Roundoff Tuck
- Pike
- Standing BHS
- Power Hurdle FWO
- Toe Touch

Level 4

- Toe Touch
- Toe Touch BHS
- Standing BHS
- Power Hurdle Roundoff Tuck
- Power Hurdle Roundoff BHS Tuck
- Right Front Hurdler

Level 5

- Standing BHS
- Right Front Hurdler - Toe Touch Combo
- Roundoff BHS layout
- Power Hurdle FWO Roundoff BHS Tuck
- Pike
- Standing Tuck

Level 6

- Standing Tuck
- Standing BHS
- Standing BHS Tuck
- Toe Touch - Right Front Hurdler combo
- Seat Roll
- Power Hurdle Roundoff BHS
- Roundoff BHS layout
- Roundoff BHS Full
- Pike



LEADERSHIP & MANAGEMENT TEAM



Kora Ladino
STUNT Coordinator
CheerVille

Meet Kora Ladino, the STUNT coordinator at CheerVille! Kora has 15 years experience in All Star cheerleading and has coached the past 4 years at CheerVille. In those short years, Kora has been a STUNT coach since the inaugural season of STUNT at CheerVille. She also is a 2x NCA College National Champion and 4x World Champion. Kora is ready to build big opportunities for STUNT athletes at CheerVille!

For questions regarding STUNT, please contact Kora at kladino@cheerville.com



Michelle Rogers

Accounts Manager (mr Rogers@cheerville.com)

Questions about invoicing and payments.



O'Shea Parker

Operations Manager (oparker@cheerville.com)

Questions about room blocks for travel events, and apparel.

Team Parent

Questions about practice schedules will be directed to your team parent. You will receive their contact information after team placements.

Gym Managers

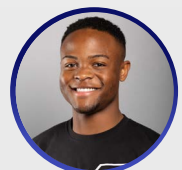
If you have any location-specific questions such as classes or personnel, please reach out to your gym manager.



Shannon Carnes
Gym Manager: Nolensville
All Star Coordinator
scarnes@cheerville.com



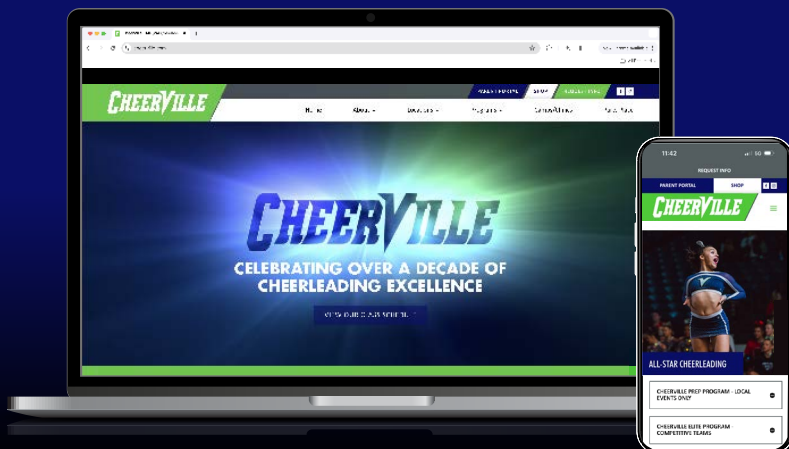
Cheech Hendrickson
Gym Manager: Mt. Juliet
chendrickson@cheerville.com



Malik Briggs
Gym Manager: Hendersonville
mbriggs@cheerville.com

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