

# CHEERVILLE

# STUNT

## FALL 2026 PACKET



**THE FASTEST GROWING**  
Club STUNT Program in the South

# STUNT PROGRAM

## Club Training Teams

Are you ready to take your experience to the a new level? Join the Club STUNT program this season at CheerVille! STUNT provides an affordable opportunity for athletes to use their athletic background in cheer, dance, or gymnastics in a new competitive format.

Our STUNT program has grown immensely in the past 3 years at CheerVille. We welcome athletes ages **11-18** interested in improving their stunting and tumbling abilities at a higher level for their school or All Star team. Currently, our STUNT program is offered at the following Tennessee locations: Hendersonville, MT. Juliet, Nolensville

Athletes interested in the STUNT Program for the 2026 Fall Session can now register on the Parent Portal under the Camps page at [www.CheerVille.com](http://www.CheerVille.com).



## *The fastest growing Club STUNT program in the South.*

STUNT is one of the fastest growing female sports in the country! As a new form of competitive cheerleading, STUNT is performed in a head-to-head 4-quarter format. Each quarter focuses on different elements of competitive cheerleading. CheerVille continues to grow the largest STUNT program in the South – providing athletes with all backgrounds of cheer, dance and gymnastics to participate on a competitive team.



### **STUNT at CheerVille**

Check out this play-by-play video of our CheerVille STUNT teams in action of each quarter.

- 1st Quarter:** Partner Stunts
- 2nd Quarter:** Pyramid & Tosses
- 3rd Quarter:** Jumps & Tumbling
- 4th Quarter:** Team Routine



# Membership Fees

<b>CLUB STUNT TEAM</b>		<b>Membership</b>	<b>Optional Fees</b>	<b>Age Eligibility</b>
<b>MONTHLY FEE</b>	<b>\$125</b>	<ul style="list-style-type: none"> <li>Monthly tuition</li> <li>Practice 1x per week</li> <li>Choreography &amp; Music</li> <li>Performance Jersey</li> <li>Program Shirt</li> <li>3 Events</li> </ul>	<ul style="list-style-type: none"> <li>Nfinity Cheer Shoes : \$145</li> <li>CheerVille Warm Up</li> <li>CheerVille Backpack</li> <li>Flips! Tumbling Class</li> </ul> <p style="color: green; font-size: small;">(\$60/mo. - Register on Portal)</p>	<ul style="list-style-type: none"> <li>Athletes ages 11-18</li> </ul>
<b>ANNUAL FEE</b> <small>*Charged once per year</small>	<b>\$40</b>			

**CLUB STUNT TEAM:** Our Club STUNT team has grown immensely in the past 3 years! This team is perfect for middle and high school athletes ages 11-18 to learn the love of STUNT. If your athlete is interested in stunting on a higher level that includes extended stunts, baskets, twisting skills, and dismounts – the STUNT program will help to improve their stunting abilities for their school team, dance team, or All Star team.

<b>TRAVEL STUNT TEAM</b>		<b>Membership</b>	<b>Optional Fees</b>	<b>Age Eligibility</b>
<b>MONTHLY FEE</b>	<b>\$175</b>	<ul style="list-style-type: none"> <li>Monthly tuition</li> <li>Practice 2x per week</li> <li>Choreography &amp; Music</li> <li>Performance Jersey</li> <li>Program Shirt</li> <li>4 Events (2 travel)</li> </ul>	<ul style="list-style-type: none"> <li>Nfinity Cheer Shoes : \$145</li> <li>CheerVille Warm Up</li> <li>CheerVille Backpack</li> <li>Flips! Tumbling Class</li> </ul> <p style="color: green; font-size: small;">(\$60/mo. - Register on Portal)</p>	<ul style="list-style-type: none"> <li>Must be ages 11-14 by June 1, 2026</li> </ul>
<b>ANNUAL FEE</b> <small>*Charged once per year</small>	<b>\$40</b>			

**TRAVEL STUNT TEAM:** We are fielding interest for a 14U Travel STUNT team for the Fall 2026 Session. This will be a separate, more competitive team than the standard Club Team that will still be offered. Tuition for the Travel Team will be costed at \$175/month and include tuition, 2 practices per week, USA membership, tournament fees, and program apparel. This team will attend 4 events, 2 of which will include travel to tournaments within the Mid-South region.

## Invoice & Payments

CheerVille requires a card to be on file for auto draft. We will run your payment on the 1st of every month. The only way to opt-out of keeping a valid card on file is to pay your season in full. There is no exception to this rule. You may make your payment prior to the first if you do not wish for your fees to be drafted using the card on file. You will be emailed a statement on the 25th of each month as a reminder of the fees that will come out on the 1st.

If your payment is declined, you will receive an email and/or a phone call. **If your account remains past due by the 5th of the month, you will receive a \$20 late fee and your athlete will be asked to sit out of practices and classes until the balance is paid.** *If you know in advance that a payment may need to be paid a few days late, email Michelle Rogers (mrogers@cheerville.com) so she can note your account. Late fees may apply.*

## Team Registration

STUNT Team registration will open in mid-June for each CheerVille location hosting a team this season. More details for open registration will be emailed out, so make sure your iClass account has **“subscribe to email blasts”** turned on. Athletes are encouraged to sign up for STUNT clinics on the Parent Portal at [www.CheerVille.com](http://www.CheerVille.com).



## Team Practice

Practice will start the week of August 2nd on your respective practice day. Club STUNT will be offered at Mt. Juliet, Nolensville, and Hendersonville – but Travel STUNT will only be offered at the Mt. Juliet location.

### Hendersonville, TN

**HV 18U Club**  
Thursday 7:00-9:00pm

### Mt. Juliet, TN

**MJ 18U Club**  
Sundays 3:00-5:00pm  
**MJ 14U Travel**  
Mondays 7:00-9:00pm & Sundays 7:00-9:00pm

### Nolensville, TN

**NV 11U Club**  
Wednesdays 7:00-9:00pm  
**NV 18U Club**  
Thursdays 7:00-9:00pm

## Attendance Policy

Attendance is very important to each team's success and we need consistent practices with the entire team to adequately perform our best at games. All practices are mandatory, unless excused with a doctor's note. In order to be excused from a practice, you must notify your team parent and request permission from your coach in writing via email. **Athletes may not miss any team practices 2 weeks prior to a game.**

## STUNT Skills Camp

This year, we will be hosting a mass STUNT Skills Camp on August 22nd. All CheerVille STUNT teams from CheerVille will train together and learn stunts, tumbling, baskets, pyramids and more. This camp will be costed at \$40 per athlete and payment will be due on August 1st billing. More information will be released in the coming weeks for all details regarding this camp!

## Fall Schedule (August-November)

### Travel Schedule

- **Tournament 1:** September 26th (Local Event)
- **Tournament 2:** October 24-26\*\* (Sacramento, CA)
- **Tournament 3:** November 7th (Farmington, MO)
- **Tournament 4:** November 22nd (Virtual Event)

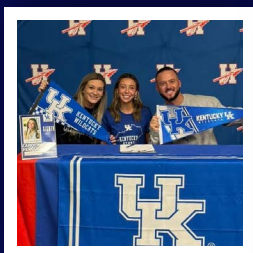
Subject to change based on team interest and availability.

### Club Schedule

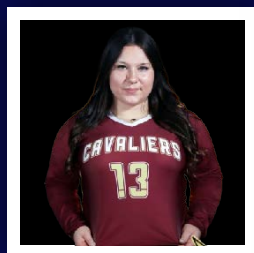
- **Game 1:** September 19th (Kick Off)
- **Game 2:** September 26th (hosted at Nolensville gym)
- **Game 3:** October 24th (Halloween Bash)
- **Game 4:** November 15th (Showcase)

Subject to change

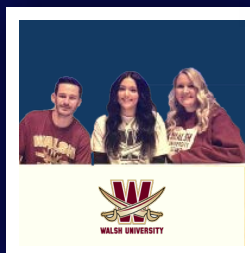
# Developing the future of STUNT AT CHEERVILLE



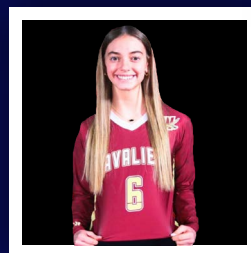
**Caroline Ferguson**  
UNIVERSITY OF KENTUCKY  
STUNT



**Kady Haller**  
WALSH UNIVERSITY  
STUNT



**Emme Lynner**  
WALSH UNIVERSITY  
STUNT



**Briana Fulks**  
WALSH UNIVERSITY  
STUNT



**Sidnee Smith**  
TREVCCA UNIVERSITY  
STUNT



## *Building Villains into Collegiate Athletes*

CheerVille takes pride in developing young athletes starting in sideline cheer, dance, and gymnastics to one day becoming collegiate athletes. Our greatest success is continuing to build the future of cheerleading through the path of our STUNT and All Star program at CheerVille. Each scholastic year, many of our athletes receive scholarships to continue on to Cheer and STUNT teams at the collegiate level.

## Schools with Varsity STUNT team Scholarships

- Alma College (MI)
- Aquinas College (MI)
- Arizona Christian University (AZ)
- Ashland University (OH)
- Austin College (TX)
- Baldwin Wallace University (OH)
- Buena Vista University (IA)
- California Baptist University (CA)
- Christian Brother (TN)
- Concordia Univ. - Ann Arbor (MI)
- Concordia Univ. - Chicago (IL)
- Concordia Univ. - Irvine (CA)
- Dallas Baptist University (TX)
- Davenport University (MI)
- Dominican University (IL)
- Drury University (MO)
- Fontbonne University (MO)
- George Fox University (OR)
- Hiram College (OH)
- Heidelberg University (OH)
- Hope International University (CA)
- Lewis University (IL)
- Mercyhurst University (PA)
- Missouri Baptist University (MO)
- Missouri State (MO)
- Muskingum University (OH)
- Oklahoma Baptist University (OK)
- Oklahoma City University (OK)
- Olivet College (MI)
- Ottawa University (KS)
- Ottawa University - Arizona (AZ)
- Quincy University (IL)
- Saint Elizabeth University (NJ)
- Saint Mary's (IN)
- Saint Mary's University (TX)
- Saint Norbert College (WI)
- Texas Woman's University (TX)
- Tiffin University (OH)
- Trevecca Nazarene University (TN)
- University of Kentucky (KY)
- University of Texas at Tyler (TX)
- Ursuline College (OH)
- Vanguard University (CA)
- Walsh University (OH)

# Skills Grid for the 2026-27 Season

## Club Team Skills

### Partner Stunts

#### Level 1

- Quick Toss to Load
- Load to Prep
- Load to Prone Roll
- 1/4 Up to Shoulder Sit
- P&G to Shoulder
- Level Hitch

#### Level 2

- FWO to SS
- SS to 1/4 Turn Prep
- Peg Leg on Thigh
- Hitch to Press
- Extension
- Cradle Reload
- Thigh Stand

#### Level 3

- Quick Toss P&G Extension
- Pop Off Dismount
- Basket Grip 1/2 Up to Prep
- F. Suspended Roll from Load
- Roundoff to Load to Extension

#### Level 4

- FWO to Prep
- Shoulder Level 360 to Load to Extension
- Prep Release 1/2 around to prep
- Back Walkover out Dismount
- P&G Extension

#### Level 5

- Quick Toss P&G to Lib
- Bump Down to Prep
- Cradle Dismount
- 1/2 Up to Extension
- Cradle Dismount
- BWO
- FWO to Prep

#### Level 6

- Quick Toss to P&G Extension
- Full Down Dismount
- Shoulder Level Inversion to Prep
- 360 to Prep
- Liberty

### Jumps & Tumbling

#### Level 1

- Right Front Hurdler
- Cartwheel
- Backward Roll
- Toe Touch
- Power Hurdle Front Walkover
- Handstand
- Forward Roll

#### Level 2

- Toe Touch
- Forward Roll
- Cartwheel
- Standing Back Handspring

#### Level 3

- Right Front Hurdler
- Standing Back Handspring
- Power Hurdle Front Walkover
- Toe Touch
- Power Hurdle Roundoff BHS
- Back Extension Roll

#### Level 4

- Pike
- Forward Roll
- Power Hurdle Roundoff Tuck
- Power Hurdle Roundoff 2 BHS
- Standing BHS
- Toe Touch

#### Level 5

- Power Hurdle Roundoff BHS
- Power Hurdle Roundoff Tuck
- Pike
- Standing BHS
- Power Hurdle FWO
- Toe Touch

#### Level 6

- Power Hurdle Roundoff Tuck
- Power Hurdle Roundoff BHS Tuck
- Standing Tuck
- Pike
- Standing BHS
- Toe Touch

## Travel Team Skills

### Partner Stunts

#### Level 1

- FWO to SS
- SS to 1/4 Turn Prep
- Peg Leg on Thigh
- Hitch to Press Extension
- Cradle Reload
- Thigh Stand

#### Level 2

- Quick Toss to Load
- Faux Single Base Prep
- Load to Prone Roll
- 1/2 Up to Prep
- Hitch to Press Extension
- Cradle Reload to Prep

#### Level 3

- Quick Toss P&G to lib
- Bump Down to prep
- Cradle Dismount
- 1/2 Up to Extension
- Cradle Dismount
- BWO
- FWO to Prep

#### Level 4

- Walk-in Faux Single Base Extension
- P&G to Heel Stretch
- Baja
- 360 to Load to Target
- Corkscrew Dismount
- Torch

#### Level 5

- 360 to Target
- Faux Single Base to ext.
- Pop Off Dismount
- Roundoff Release to Target
- 1/4 Turn Switch Up Arabesque
- 1-1/4 Full Down dismount
- Cradle Reload to ext.

#### Level 6

- Walk-in Single Base ext.
- Corkscrew dismount
- P&G Low-to-High 360 to Target
- High-to-High lib to heel stretch
- Log Roll Cradle Reload to Target

### Jumps & Tumbling

#### Level 1

- Power Hurdle FWO Cartwheel
- Handstand Forward Roll
- Toe Touch
- Cartwheel
- Forward Roll
- Right Front Hurdler
- Toe Touch

#### Level 2

- Back Extension Roll
- Power Hurdle Roundoff 2 BHS
- Forward Roll
- Toe Touch
- Standing BHS
- Power Hurdle FWO Roundoff BHS
- Seat Roll
- Right Front Hurdler

#### Level 3

- Power Hurdle Roundoff BHS
- Power Hurdle Roundoff Tuck
- Pike
- Standing BHS
- Power Hurdle FWO
- Toe Touch

#### Level 4

- Toe Touch
- Toe Touch BHS
- Standing BHS
- Power Hurdle Roundoff Tuck
- Power Hurdle Roundoff BHS Tuck
- Right Front Hurdler

#### Level 5

- Standing BHS
- Right Front Hurdler - Toe Touch Combo
- Roundoff BHS layout
- Power Hurdle FWO Roundoff BHS Tuck
- Pike
- Standing Tuck

#### Level 6

- Standing Tuck
- Standing BHS
- Standing BHS Tuck
- Toe Touch - Right Front Hurdler combo
- Seat Roll
- Power Hurdle Roundoff BHS
- Roundoff BHS layout
- Roundoff BHS Full
- Pike



## LEADERSHIP & MANAGEMENT TEAM



**Kora Ladino**  
**STUNT Coordinator**  
**CheerVille**

Meet Kora Ladino, the STUNT coordinator at CheerVille! Kora has 15 years experience in All Star cheerleading and has coached the past 4 years at CheerVille. In those short years, Kora has been a STUNT coach since the inaugural season of STUNT at CheerVille. She also is a 2x NCA College National Champion and 4x World Champion. Kora is ready to build big opportunities for STUNT athletes at CheerVille!

For questions regarding STUNT, please contact Kora at [kladino@cheerville.com](mailto:kladino@cheerville.com)



**Michelle Rogers**  
*Accounts Manager ([mr Rogers@cheerville.com](mailto:mr Rogers@cheerville.com))*  
Questions about invoicing and payments.



**O'Shea Parker**  
*Operations Manager ([oparker@cheerville.com](mailto:oparker@cheerville.com))*  
Questions about room blocks for travel events, and apparel.

### Team Parent

Questions about practice schedules will be directed to your team parent. You will receive their contact information after team placements.

### Gym Managers

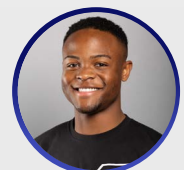
If you have any location-specific questions such as classes or personnel, please reach out to your gym manager.



**Shannon Carnes**  
Gym Manager: Nolensville  
All Star Coordinator  
[scarnes@cheerville.com](mailto:scarnes@cheerville.com)



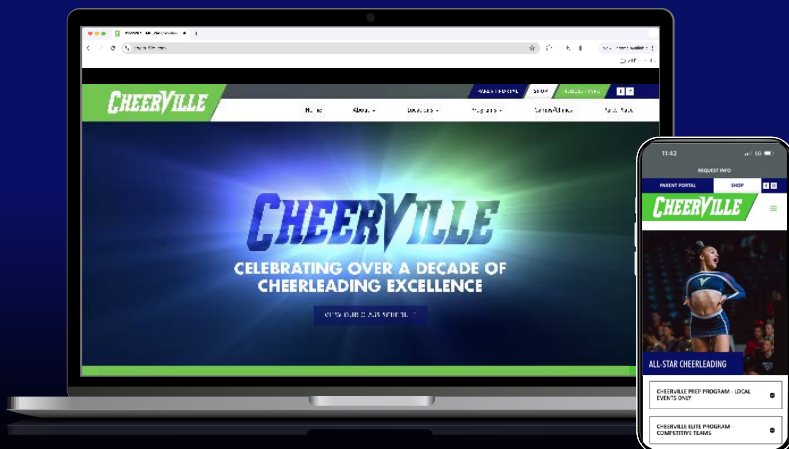
**Cheech Hendrickson**  
Gym Manager: Mt. Juliet  
[chendrickson@cheerville.com](mailto:chendrickson@cheerville.com)



**Malik Briggs**  
Gym Manager: Hendersonville  
[mbriggs@cheerville.com](mailto:mbriggs@cheerville.com)

VISIT OUR WEBSITE: [WWW.CHEERVILLE.COM](http://WWW.CHEERVILLE.COM)

FOLLOW US ON SOCIAL MEDIA!



@CheerVille

@cheerville

@TheCheerVille

@cheerville